



Obedience Through Thanksgiving (Psalm 105)

Genuine thanksgiving flows from obedience, and obedience is sustained by a grateful heart that remembers God's faithfulness.

Thanksgiving is not merely verbal gratitude; it's an active expression of faith that results in obedience. When God's people remember His works, they are strengthened to obey His Word.

1. Thanksgiving Begins with Remembering God's Faithfulness

- Giving thanks must lead to proclaim God's greatness: Thanksgiving leads back to obedience
- We must remember not only what God has done, but also who He is!
- Before we complain about today's struggles, remember God's deliverances yesterday.
- After George Washington's victory at Yorktown, he declared a day of thanksgiving to God, reminding a weary nation that liberty was not man's achievement but God's providence.

2. Thanksgiving Sustains Obedience during Trials

- Thanksgiving is not just for blessings, but also for God's sovereignty during suffering
- Obedience through Thanksgiving requires Trust
- Corrie ten Boom, imprisoned in a Nazi camp, thanked God even for fleas in her barracks; later discovering the guards avoided that area because of them, allowing secret Bible studies to continue.

3. Thanksgiving promotes a Lifestyle of Obedience

- True thanksgiving is not an emotion but a decision. We express it through obedience: in service, generosity, forgiveness, and faithfulness.
- Gratitude that stops at words is incomplete; obedience is thanksgiving lived out.
- When the Pilgrims celebrated the first Thanksgiving in 1621, they gave thanks not merely for survival but in obedience to God's providence, trusting His continued care.
- Psalm 105 reminds us that thanksgiving is the foundation of obedience

Hymn: We Gather Together (1597) We gather together to ask the Lord's blessing; He chastens and hastens His will to make known; the wicked oppressing now cease from distressing. Sing praises to His name, He forgets not His own

Is your thanksgiving and obedience in balance?

1. Read Psalm 105:1–2; Matthew 28:19-20. What does it mean to “make known his deeds among the peoples”? How does gratitude motivate evangelism?
2. Psalm 105:5; Deuteronomy 8:11-18. Why is remembering God’s past faithfulness essential for present obedience? List three personal Ebenezers (moments God has helped you).
3. Psalm 105:8–11; Hebrews 6:13-18. How does God’s covenant faithfulness shape our gratitude today? How does God’s unchanging nature build trust in your obedience?
4. Psalm 105:17–19; James 1:2-4. How can we be thankful while “the word of the Lord tests us”? Share a time when hardship led to deeper obedience and gratitude.
5. Psalm 105:23–25; Romans 8:28. What can we learn about trusting God’s plan when circumstances worsen before they improve? How can you thank God in the waiting room of life?
6. Psalm 105:26–38; Exodus 12:12-13. How did God’s mighty acts in Egypt show both His justice and mercy? How do you see God’s justice and mercy in your story?
7. Psalm 105:39–41; Philippians 4:19. How does God’s provision in the wilderness display His care for His people? What manna moments has God given you recently?
8. Psalm 105:42–45; Romans 6:17-18. What connection does the psalm make between deliverance and obedience? How does gratitude fuel holiness in your daily life?
9. What’s one act of Thanksgiving and one step of obedience you plan to make this week?